

# EWYL Personalized Lesson Plan

		Order of Lesson	Date Lesson Completed
	GETTING ACQUAINTED Available from Heritage House Item #7643GA \$19.95 800-858-3040 or www.hh76.com		
1.1	Code: PN/FT - PREGNANCY - THE FIRST TRIMESTER Suitable For: Any client in her first trimester. Time Frame: As early as possible in the first trimester.		
1.2	Code PN/FT - PRENATAL CARE Suitable For: All clients, especially perfect for teen mothers who don't understand much about pregnancy and who don't think to ask questions of their doctors. It also works with clients who have had other children but is not as informative to them. Time Frame: Ideal before the first doctor visit. Still effective after their first doctor visit but some questions may not apply.		
1.3	Code PN/AT - EATING FOR TWO Suitable For: All clients. Time Frame: Preferably during the first trimester. However, this lesson is still valuable any time during the pregnancy.		
1.4	Code: PN/SC - GOING IT ALONE Suitable For: Single expectant women not living with or going to marry the father of the baby. Time Frame: Best early in the pregnancy but will be effective at any time during pregnancy.		
1.5	Code: PN/FT - YOUR DEVELOPING BABY Suitable For: All clients. Time Frame: Anytime during the pregnancy.		
2.1	Code: PN/AT - SMOKING Suitable For: All clients regardless of whether or not they smoke. Time Frame: The earlier, the better, especially if the mother smokes or lives in an environment where others smoke.		
2.2	Code: PN/AT - ULTRASOUND - WINDOW TO THE WOMB Suitable For: All clients. Time Frame: Ideal before the first ultrasound but worthwhile any time during pregnancy.		
2.3	Code: PN/FT/ST - WHAT'S SAFE, WHAT ISN'T Suitable For: All clients. Time Frame: During the first trimester or early second, since much of the development of the baby happens during this time.		
2.4	Code: PN/ST - BONDING WITH YOUR UNBORN BABY Suitable For: All clients. Time Frame: Early in the second trimester.		



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2.5	Code: PN/FT/ST - YOUR CHANGING BODY Suitable For: All clients. Time Frame: First trimester or early in the second trimester.		
3.1	Code: PN/TT - THE SECOND TRIMESTER Suitable For: All clients. Time Frame: Second trimester.		
3.2	Code PN/SC - LOOKING AT ADOPTION Suitable For: Clients who express an interest in adoption. Time Frame: As soon as possible after the client expresses an interest in adoption.		
3.3	Code PN/ST/TT - YOUR UNBORN BABY'S SECRET WORLD Suitable For: All clients. Time Frame: Ideal after the lesson "Bonding with Your Unborn Baby."		
3.4	Code: PN/ST - REDUCING THE RISK OF SIDS Suitable For: All clients. Time Frame: Third trimester.		
3.5	Code: PN/AB/TT/NB - LEARNING TO THINK Suitable For: All clients. Time Frame: Third trimester or when baby is newborn.		
4.1	Code: PN/TT - THE THIRD TRIMESTER Suitable For: Any client in her third trimester. Time Frame: Anytime in the third trimester but preferably at the beginning.		
4.2	Code: PN/TT - GETTING READY Suitable For: All clients. Time Frame: Third trimester.		
4.3	Code: PN/AB/AT - EYE CONTACT MEANS LOVE Suitable For: All clients. Time Frame: Third trimester or anytime during infancy.		
4.4	Code: PN/AB/AT - INFANT TEMPERAMENT Suitable For: All clients. Time Frame: Third trimester or anytime during infancy.		
4.5	Code: PN/TT AB/NB - THE IMPORTANCE OF BONDING Suitable For: All clients. Time Frame: Third trimester or early infancy.		
5.1	Code: PN/TT AB/NB - INFANT MASSAGE Suitable For: Any client in her third trimester or soon after birth. Time Frame: Ideal in late third trimester or soon after birth.		
5.2	Code: PN/TT/AB - NEWBORN CARE Suitable For: All clients. Time Frame: Late third trimester or when baby is born.		
5.3	Code: PN/TT/AB/NB - CRYING, COLIC AND SLEEPING Suitable For: All clients. Time Frame: Late third trimester or soon after birth.		
5.4	Code: PN/TT - CARING FOR YOURSELF Suitable For: All clients. Time Frame: Late third trimester, right before due date.		



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5.5	Code: AB/AT - THE FIRST YEARS LAST FOREVER Suitable For: All clients. Time Frame: Soon after the birth of the baby.		
6.1	Code: AB/NB-6M - THE PARENT/CHILD RELATIONSHIP Suitable For: Any client with a baby. Time Frame: Newborn or early infancy.		
6.2	Code: AB/AT - SAFE FROM THE START Suitable For: All clients. Time Frame: Newborn to five years old.		
6.3	Code: AB/AT - LEARNING TO TALK Suitable For: All clients. Time Frame: Anytime after baby is born.		
6.4	Code: AB/AT - QUALITY CHILD CARE Suitable For: All clients. Time Frame: Anytime after baby is born or if she has other children.		
6.5	Code: AB/AT -TALK, PLAY, MUSIC AND READING Suitable For: All clients. Time Frame: After the birth of the baby or if she has other children.		
7.1	Code: AB/AT - EMERGENCY FIRST AID - ACCIDENTS Suitable For: Any client with an infant or children. Time Frame: Anytime after the baby is born.		
7.2	Code: AB/AT - EMERGENCY FIRST AID - ILLNESSES Suitable For: All clients with an infant or children. Time Frame: Anytime.		
7.3	Code: PN-AB/TT-AT - CAR SEAT SAFETY Suitable For: All clients. Time Frame: Third trimester or anytime during the years her child requires a car seat.		
7.4	Code: PN-AB/9M - YOUR BABY CAN SLEEP Suitable For: All clients. Time Frame: Beginning at seven to nine months.		
7.5	Code: AB/9M - DISCIPLINE - TEACHING LIMITS WITH LOVE Suitable For: All clients. Time Frame: Beginning at seven to nine months.		
8.1	Code: AB/NB - FOOD FOR GROWTH - FEEDING YOUR BABY Suitable For: All clients with an infant. Time Frame: Newborn and early infancy.		
8.2	Code: PN/TT - BREAST-FEEDING YOUR BABY Suitable For: All clients who plan to breast-feed. Time Frame: Third trimester close to birth.		
8.3	Code: AB/3M - YOUR BABY'S DEVELOPMENT Suitable For: All clients. Time Frame: Early infancy.		
8.4	Code: AB/AT - PREVENTING CHILD SEXUAL ABUSE Suitable For: All clients with children of any age. Time Frame: Anytime after birth.		





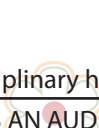



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8.5	Code: PN/TT - SHAKEN BABY SYNDROME Suitable For: All clients with infants. Time Frame: Anytime after birth until three years old.		
9.1	Code: PN/AB/NB - POSTPARTUM FROM PREGNANT TO PARENT Suitable For: All clients. Time Frame: Late pregnancy or early infancy.		
9.2	Code: PN/AB/3M - YOUR HEALTHY BABY Suitable For: All clients. Time Frame: Late pregnancy or early infancy.		
9.3	Code: PN/AB/3M - READY TO LEARN Suitable For: All clients. Time Frame: Late pregnancy or early infancy.		
9.4	Code: PN/AB/NB - HAPPIEST BABY ON THE BLOCK Suitable For: All clients. Time Frame: Late pregnancy or early infancy.		
9.5	Code: AB/1Y - TOILET TRAINING Suitable For: All clients. Time Frame: After first year.		
L1.1	Code: SC - IT'LL NEVER HAPPEN TO ME! Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply.		
L1.2	Code: SC - THE HEART OF THE MATTER Suitable For: Any teenage client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply.		
L1.3	Code: SC - WHAT DOES GOD SAY? Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply.		
L1.4	Code: SC - CHARACTER MATTERS Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply.		
L1.5	Code: SC - MAKING THE COMMITMENT Suitable For: The client who has successfully gone through L1.1 through L1.4 and wants to make the commitment to abstinence. Time Frame: Anytime the client's special circumstances apply.		
L2.1	Code: PN/AB/AT - MONEY MANAGEMENT 101 Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with money management.		
L2.2	Code: PN/AB/AT - BASICS OF BUDGETING Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with budgeting.		
L2.3	Code: PN/AB/AT - CHECKING ACCOUNTS Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with a checking account.		
L2.4	Code: PN/AB/AT - POSITIVE CREDIT Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with finances.		



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L2.5	Code: PN/AB/AT - SAVING FOR THE FUTURE Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with finances.		
L3.1	Code: PN/AB/AT - APARTMENT RENTING 101 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L3.2	Code: PN/AB/AT - ROOMMATES - CONFLICT RESOLUTION Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L3.3	Code: PN/AB/AT - FURNISHING AND DECORATING YOUR HOME Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L3.4	Code: PN/AB/AT - HOUSECLEANING 101 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L3.5	Code: PN/AB/AT - TIME MANAGEMENT FOR THE PARENT Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with time management.		
L4.1	Code: PN/AB/AT - SHOPPING FOR A CAR Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L4.2	Code: PN/AB/AT - INSURANCE NEEDS Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L4.3	Code: PN/AB/AT - USING A RECIPE Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L4.4	Code: PN/AB/AT - SURVIVING AT THE CHECKOUT Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
L4.5	Code: PN/AB/AT - MENU PLANNING Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson.		
P1.1	Code: AB/1Y - STRAIGHT THINKING Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P1.2	Code: AB/1Y - THE 1-2-3 Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P1.3	Code: AB/1Y – REAL WORLD APPLICATIONS - WHEN THERE IS AN AUDIENCE - VARIATIONS AND GETTING STARTED Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P1.4	Code: AB/1Y - TESTING AND MANIPULATION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		



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P1.5	Code: AB/1Y - COUNTING IN ACTION AND CONCLUSION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P2.1	Code: AB/1Y - INTRODUCTION AND REVIEW - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P2.2	Code: AB/1Y - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P2.3	Code: AB/1Y - SPECIFIC APPLICATIONS Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P2.4	Code: AB/1Y - THE FAMILY MEETING AND TEN STRATEGIES FOR BUILDING SELF-ESTEEM Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P2.5	Code: AB/1Y - BUILDING SELF-ESTEEM AND THE PAYOFF Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P3.1	Code: AB/1Y - AFFIRMING, ATTENTIVE, AND CONNECTED Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P3.2	Code: AB/1Y - DISCIPLINE AND CONSEQUENCES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P3.3	Code: AB/1Y - STYLES AND ROLES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P3.4	Code: AB/1Y - WORRIER OR VISIONARY? Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P3.5	Code: AB/1Y - LEAVING A GODLY LEGACY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P4.1	Code: AB/1Y – DISCOVERING WHAT TYPE OF PARENT YOU ARE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P4.2	Code: AB/1Y – DISCOVERING YOUR CHILD’S PERSONALITY TYPE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P4.3	Code: AB/1Y – OVERCOMING THE MAJOR DESTROYER OF FAMILIES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P4.4	Code: AB/1Y – PROVIDING LOVING SUPPORT TO YOUR CHILD Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		



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P4.5	Code: AB/1Y – CONTRACTS: SETTING LIMITS Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P5.1	Code: AB/1Y – DEVELOPING A CLOSE-KNIT FAMILY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P5.2	Code: AB/1Y – TEN WAYS TO MOTIVATE YOUR CHILD Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P5.3	Code: AB/1Y – USING THE “SALT” PRINCIPLE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P5.4	Code: AB/1Y – THE SEEDS OF SELF-ESTEEM Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P5.5	Code: AB/1Y – HOW TO MAKE YOUR CHILD FEEL SPECIAL Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P6.1	Code: AB/1Y – WHY YOUR CHILD NEEDS DISCIPLINE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P6.2	Code: AB/1Y – IRRESPONSIBILITY VS. DEFIANCE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P6.3	Code: AB/1Y – ANGER VS. ACTION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P6.4	Code: AB/1Y – FINDING BALANCE IN DISCIPLINE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P6.5	Code: AB/1Y – TO SPANK OR NOT TO SPANK Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P7.1	Code: AB/1Y – COMPLIANT VS. DEFIANT Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P7.2	Code: AB/1Y – CHANGING DISCIPLINE WITH TIME Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P7.3	Code: AB/1Y – CHANGING DISCIPLINE WITH TIME PART 2 Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P7.4	Code: AB/1Y – PROTECTING THE SPIRIT Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		



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P7.5	Code: AB/1Y – THE ULTIMATE PRIORITY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P8.1	Code: AB/1Y – Parenting With an Eye To The Future Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P8.2	Code: AB/1Y – Eight Key Aspects of Character Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P8.3	Code: AB/1Y – Boundaries for Kids and Their Parents Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P8.4	Code: AB/1Y – Overcoming Obstacles to Boundaries Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P8.5	Code: AB/1Y – What Will Happen If I Do This? Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P9.1	Code: AB/1Y – Pulling My Own Wagon Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P9.2	Code: AB/1Y – I Can't Do It All, I'm Not Helpless Either Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P9.3	Code: AB/1Y – I'm Not The Only One Who Matters Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P9.4	Code: AB/1Y – Life Beyond "Because I'm the Mommy" Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P9.5	Code: AB/1Y – Pain Can Be A Gift Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P10.1	Code: AB/1Y – Tantrums Needn't Be Forever Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P10.2	Code: AB/1Y – Be Happier, Be Thankful Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P10.3	Code: AB/1Y – Jump-starting My Engine Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
P10.4	Code: AB/1Y – Honesty Is The Best Policy Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		



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P10.5	Code: AB/1Y – Roll Up Your Sleeves Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children.		
B1.1	Code: PN/AB/AT - WHAT IS THE BIBLE? Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B1.2	Code: PN/AB/AT - HOW DID WE GET THE BIBLE? Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B1.3	Code: PN/AB/AT - THE PENTATEUCH Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B1.4	Code: PN/AB/AT - ISRAEL BECOMES A NATION Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B1.5	Code: PN/AB/AT - WALKING WITH THE ISRAELITES Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B2.1	Code: PN/AB/AT - NEW TESTAMENT Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B2.2	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 1 AND 2 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B2.3	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 3 AND 4 Suitable For: Any client.		
B2.4	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 5 AND 6 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B2.5	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 7 AND 8 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B3.1	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 9, 10, AND 11 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B3.2	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 12, 13, AND 14 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B3.3	Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 15, 16, AND 17 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B3.4	Code: PN/AB/AT - FINISHING THE JOURNEY THROUGH JOHN - CHAPTERS 18, 19, 20, AND 21 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		
B3.5	Code: PN/AB/AT - THE GOSPEL OF JOHN Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study.		

