

Spanish

Personalized Lesson Plan for:

<p>After assessing your client's situation and due date, use this sheet to personalize her lesson plan. Getting Acquainted is a tool that allows you to really get to know your client and her needs before you start this parenting program. If she smokes, you will want to give her that lesson first. If she is single, include that lesson in her plan. When a client completes the lesson, enter the date in the proper column. At a glance, any parenting instructor knows what lessons have been completed and what lesson is next.</p>	Order of Lesson	Date Lesson Completed
<p>1.1 Code: PN/FT - THE FIRST TRIMESTER Suitable For: Any client in her first trimester Time Frame: As early as possible in the first trimester</p>		
<p>1.2 Code: PN/FT- PRENATAL CARE Suitable For: All clients. Perfect for teen mothers who don't understand much about pregnancy and who don't think to ask questions of their doctors. It also works with clients who have had other children but is not as informative to them. Time Frame: Ideal <i>before</i> the first doctor visit. Still effective after their doctor visit but some questions may not apply.</p>		
<p>1.3 Code: PN/AT - NUTRITION Suitable for: All clients Time frame: Preferably during the first trimester. However, this lesson is still valuable later in pregnancy.</p>		
<p>1.5 Code: PN/FT - YOUR DEVELOPING BABY Suitable For: All clients Time Frame: Any time during pregnancy</p>		
<p>2.1 Code: PN/AT - SMOKING Suitable For: All clients regardless of whether or not they smoke. Time Frame: The earlier, the better, especially if the mother smokes or lives in an environment where others smoke.</p>		
<p>2.2 Code: PN/AT - ULTRASOUND - WINDOW TO THE WOMB Suitable For: All clients Time Frame: Ideal <i>before</i> the first ultrasound but worthwhile anytime during pregnancy.</p>		
<p>2.3 Code: PN/FT/ST - WHAT'S SAFE, WHAT ISN'T Suitable for: All clients Time frame: Preferably during the first trimester or early second, since much of the important development of the baby happens during this time.</p>		
<p>2.5 Code: PN/FT/ST - YOUR CHANGING BODY Suitable For: All clients Time Frame: First or early in the second trimester</p>		
<p>3.1 Code: PN/TT - THE SECOND TRIMESTER Suitable for: All clients Time frame: Second Trimester</p>		
<p>3.3 Code: PN/ST/TT - YOUR UNBORN BABY'S SECRET WORLD Suitable For: All clients Time Frame: Ideal after the lesson, Bonding With Your Unborn Baby</p>		

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Lesson

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4.1 Code: PN/TT - THE THIRD TRIMESTER
Suitable For: Any client in her third trimester
Time Frame: Any time in the third trimester but preferably at the beginning

4.2 Code: PN/TT - GETTING READY
Suitable For: Any client
Time Frame: Third trimester.

4.3 Code: PN/AB/AT - EYE CONTACT MEANS LOVE
Suitable For: All clients
Time Frame: Third trimester or any time in infancy.

4.4 Code: PN/AB/AT - INFANT TEMPERAMENT
Suitable For: All clients
Time Frame: Third Trimester or anytime during infancy.

4.5 Code: PN/TT AB/NB - THE IMPORTANCE OF BONDING
Suitable For: All clients
Time Frame: Third Trimester or Early Infancy.

5.2 Code: PN/TT/AB - NEWBORN CARE
Suitable For: All clients
Time Frame: Late third trimester or when baby is born.

5.3 Code: PN/TT/AB/NB - CRYING, COLIC AND SLEEPING
Suitable For: All clients
Time Frame: Late Third Trimester or soon after birth.

5.4 Code: PN/TT - CARING FOR YOURSELF
Suitable For: All clients
Time Frame: Late Third Trimester - right before her due date.

5.5 Code: AB/AT - THE FIRST YEARS LAST FOREVER
Suitable For: All clients
Time Frame: Soon after the birth of the baby.

6.2 Code: AB/AT - SAFE FROM THE START
Suitable For: All clients
Time Frame: For clients who have newborns to five year olds.

6.4 Code: AB/AT - QUALITY CHILD CARE
Suitable For: All clients.
Time Frame: Any time after baby is born or if she has other children.

7.1 Code: AB/AT - EMERGENCY FIRST AID - ACCIDENTS
Suitable For: Any client with an infant or children.
Time Frame: Any time after the baby is born.

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7.2 Code: AB/AT - EMERGENCY FIRST AID - ILLNESSES

Suitable For: All clients with an infant or children.

Time Frame: Any time.

7.3 Code: PN-AB/TT-AT - CAR SEAT SAFETY

Suitable For: All clients.

Time Frame: Third trimester or anytime during the years her child requires a car seat.

7.5 Code: AB/9M - DISCIPLINE - TEACHING LIMITS WITH LOVE

Suitable For: All clients.

Time Frame: Beginning at seven to nine months.

8.1 Code: AB/NB - FOOD FOR GROWTH - FEEDING YOUR BABY

Suitable For: All clients with an infant.

Time Frame: Newborn and early infancy.

8.2 Code: PN/TT - BREASTFEEDING YOUR BABY

Suitable For: All clients who plan to breastfeed.

Time Frame: Third trimester, close to birth.

8.3 Code: AB/3M - YOUR BABY'S DEVELOPMENT

Suitable For: All clients.

Time Frame: Early infancy.

8.5 Code: TT.AB/NB - SHAKEN BABY SYNDROME

Suitable For: All clients with infants.

Time Frame: Any time after birth until three.

P1.1 Code: AB/1Y - STRAIGHT THINKING

Suitable For: Clients with children, ages 2-12

Time Frame: Anytime, or when client expresses a need for help disciplining children.

P1.2 Code: AB/1Y - THE 1-2-3

Suitable For: Clients with children, ages 2-12

Time Frame: Anytime, or when client expresses a need for help disciplining children.

P1.3 Code: AB/1Y - REAL WORLD APPLICATIONS WHEN THERE IS AN AUDIENCE - VARIATIONS AND GETTING STARTED

Suitable For: Clients with children, ages 2-12

Time Frame: Anytime, or when client expresses a need for help disciplining children.

P1.4 Code: AB/1Y - TESTING AND MANIPULATION

Suitable For: Clients with children, ages 2-12

Time Frame: Anytime, or when client expresses a need for help disciplining children.

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P1.5 Code: AB/1Y - COUNTING IN ACTION AND CONCLUSION
Suitable For: Clients with children, ages 2-12
Time Frame: Anytime, or when client expresses a need for help disciplining children.

P2.1 Code: AB/1Y - INTRODUCTION AND REVIEW - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR
Suitable For: Clients with children, ages 2.-12
Time Frame: Anytime, or when client expresses need for help disciplining children.

P2.2 Code: AB/1Y - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR
Suitable For: Clients with children, ages 2.-12
Time Frame: Anytime, or when client expresses need for help disciplining children.

P2.3 Code: AB/1Y - SPECIFIC APPLICATIONS
Suitable For: Clients with children, ages 2.-12
Time Frame: Anytime, or when client expresses need for help disciplining children.

P2.4 Code: AB/1Y - THE FAMILY MEETING, AND TEN STRATEGIES FOR BUILDING SELF-ESTEEM
Suitable For: Clients with children, ages 2.-12
Time Frame: Anytime, or when client expresses need for help disciplining children.

P2.5 Code: AB/1Y - BUILDING SELF-ESTEEM AND THE PAYOFF
Suitable For: Clients with children, ages 2.-12
Time Frame: Anytime, or when client expresses need for help disciplining children.

B1.1 Code: PN/AB/AT - WHAT IS THE BIBLE?
Suitable For: Any client
Time Frame: Anytime, or when client expresses interest in Bible study.

B1.2 Code: PN/AB/AT - HOW DID WE GET THE BIBLE?
Suitable For: Any client
Time Frame: Anytime, or when client expresses interest in Bible study.

B1.3 Code: PN/AB/AT - THE PENTATEUCH
Suitable For: Any client
Time Frame: Anytime, or when client expresses interest in Bible study.

B1.4 Code: PN/AB/AT - ISRAEL BECOMES A NATION
Suitable For: Any client
Time Frame: Anytime, or when client expresses interest in Bible study.

B1.5 Code: PN/AB/AT - WALKING WITH THE ISRAELITES
Suitable For: Any client
Time Frame: Anytime, or when client expresses interest in Bible study.

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B2.1 Code: PN/AB/AT - NEW TESTAMENT

Suitable For: Any client

Time Frame: Anytime, or when client expresses interest in Bible study.

B2.2 Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 1 AND 2

Suitable For: Any client

Time Frame: Anytime, or when client expresses interest in Bible study.

B2.3 Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 3 AND 4

Suitable For: Any client

Time Frame: Anytime, or when client expresses interest in Bible study.

B2.4 Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 5 AND 6

Suitable For: Any client

Time Frame: Anytime, or when client expresses interest in Bible study.

B2.5 Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 7 AND 8

Suitable For: Any client

Time Frame: Anytime, or when client expresses interest in Bible study.